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| **Sensory Profile for …**Completed on …. by …..  |
| Over sensitivity to sensory stimuli means a person is likely to **avoid**. … has the following over sensitivities: | **Motor skills differences** |
| **Doesn’t like bright lights****Gets headaches from artificial lights****Can’t tolerate certain colours** | **Can’t tolerate certain smells****Refuses to go in certain room due to smells** | **Has a restricted diet, may be VERY fussy eater****Dislikes different types of food touching on plate** | **Covers ears with hands when hears loud noise****Finds it hard to filter out background noise and focus in classroom** | **Dislikes being touched/ being in crowds****A light touch can be very painful****Doesn’t like wearing new clothes****Seams or labels in clothes can be very uncomfortable** | **Struggles to go up and downstairs****Avoids/dislikes PE****Avoids being off the ground****Moves whole body to look at something** |  | **Feels constantly hungry/thirsty****Feels the urge to go for a wee or a poo very often****Has a low pain threshold****Feels constantly too hot/too cold** |
| **Delayed at sitting/ crawling/ walking****Finds handwriting/ drawing/ using scissors difficult****Finds using cutlery difficult****Struggles with whole body co-ordination, e.g. sports, bike****Finds it difficult to get dressed/tie shoe laces** |
| **Sight** | **Smell** | **Taste** | **Hearing** | **Touch** | **Balance (vestibular)** | **Proprioception (body/space awareness)** | **Interoception (internal body awareness)** |
| Under sensitivity to sensory stimuli means a person is likely to **seek**. … has the following under sensitivities: |
| **Stares at bright lights****Fixates on particular colour/ pattern****Moves hands or objects in front of eyes** | **Sniffs items deeply****Is unaware of strong smells** | **Eats non-food items****Likes very spicy or flavoursome food** | **Listens to music/TV very loud/puts ear to speaker****Likes to hear the noise of objects being banged /dropped****Makes self-stimulatory noises** | **Touches other people a lot****Seeks out preferred fabrics/textures****Finds it hard to gauge temperatures, e.g. of bath water** | **Likes to spin around****Is constantly on the move****Feels the need to jump/ trampoline****Feels the need to be upside down****Feels the need to climb** | **Leans against things** **Sits on legs/feet****Likes deep pressure** **Is unaware of own strength****Bumps into people/objects****Walks on tip-toes****Chews non-food objects** | **Doesn’t recognise thirst/hunger****Can’t tell when needs a wee or poo****Has a high pain threshold****Can’t tell if too hot/too cold** |